

School of Madison Ballet

Awakening Artistry



2013 August 5 - 16

madisonballet
W. Earle Smith, Artistic Director

A unique 2 week workshop
designed for dancers ages
12 and up.

Want to learn more?
Contact SMB today!

School of Madison Ballet has the class for you, whether you dream of a career in dance, seek an outlet for personal growth, or just want to have fun.

School of Madison Ballet is now accepting registrations for our Awakening Artistry workshop, a comprehensive 2 week program created for students who are interested in exploring their artistry through dance. Register early to ensure your place.



Shannon Simonelli
Guest Instructor

Shannon Simonelli, Ph.D., ATR is an Art Therapist and NeuroImaginal® Somatic Psychotherapist. She has been educating adolescents and adults for over 20 years in private practice and group settings using movement and art. Shannon has 15 years of training in ballet, modern, and modern jazz and 15 years in practice of 5Rhythms® Movement Therapy, a powerful tool to assist people in developing greater somatic awareness on the dance floor and in daily life.

Shannon's work is devoted to the practice of embodiment, unlocking expression and truth in and through the body and movement. She supports dancers and non-dancers alike in building greater self care, potency, ability to surf chaos, connection, clarity, commitment, courage, expression and JOY.

Why Choose Madison Ballet?

The School of Madison Ballet opened its doors in the fall of 2005 and has welcomed over 800 students into its studios to experience the joy of creative expression and the beauty of classical dance. Grounded in comprehensive, classical ballet training, classes offer the highest caliber instruction from SMB's faculty of experienced professionals, where each student develops to his or her highest possible level of individual achievement. Students experience the joy of creative expression while developing poise and self-confidence that extend far beyond the dance studio.

Awakening Artistry and the Heart-full Dancer

This unique program has been developed to deepen the artistry and technical training of students. Dr. Shannon Simonelli and Madison Ballet's Artistic Director W. Earle Smith believe that movement, inspiration, expression and creativity provide the foundation for continued artistic growth. Together, they will guide dancers to discover the artist within themselves through a unique fusion of classical ballet, 5Rhythms® Movement Therapy, imagery, and self-reflection.

Program goals are to:

- Offer dancers a competitive edge towards being exceptional, premium dancers.
- Support dancers in their continued development as a whole, healthy and balanced person.
- Support strong technique and a flow of movement that embodies enthusiastic energy, freedom, passion and joy.

Classes

Using the vocabulary of classical ballet as a springboard, workshop exercises help students build skills to manage the challenges that they face as dancers, artists, and individuals. Through the four pillars of music, emotion, imagery, and movement, dancers will have a comfortable setting in which to uncover the things which inspire fear or hinder artistry, as well as those which motivate and support artistic development.

Students attend traditional technique and pointe classes in the morning. Afternoon classes include individual and group exploration of the following:

Why do I love dance?

What motivates me to improve?

How does it feel when I'm "off"? What can I do to turn that around?

How do I manage the inner critic?

How do I take care of myself physically and emotionally?

Tuition & Schedule

Classes take place Monday—Friday from 10:00am – 3:00pm and include a lunch break. A detailed schedule will be mailed to students upon registration.

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| Tuition Total | \$650 |
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Dancers ages 2-11 or adult, interested in ballet classes, contact SMB about our additional ballet programs available.